

Simone Janson (ed.)

Career without Elbows



Overcome fears, boost emotional intelligence resilience &
self-confidence as an introvert, learn communication rhetoric
& self-love as an highly sensitive

Career without Elbows

Overcome fears, boost emotional intelligence resilience & self-confidence as an introvert, learn communication rhetoric & self-love as an highly sensitive

Simone Janson (ed.)

Published at Best of HR – Berufebilder.de®

Table of Contents

[Imprint](#)

[Introduction: How this book supports you](#)

[Add-on, press reviews and customer feedback](#)

[Content of the book](#)

[Structure of the book](#)

[Information as desired and additional material to the book!](#)

[Personal eBooks and eCourses](#)

[To be competent: cheerfulness vs. Leadership of managers // By Maike Dietz](#)

[Humor as a quick-witted technique: to make others laugh // By Dr. Matthias Nöllke](#)

[Live flexibly and agile: Lift the anchor // By Sebastian Kühn](#)

[High sensitivity at work: Work-life-balance for tender-strong performers // By Kathrin Sohst](#)

[Putting prices to the test: Gifted money does not make customers happy // By Oliver Schumacher](#)

[Success factor Humor at work: How to promote laughter career - 7 tips // By Jumi Vogler](#)

[Being sovereign: what is sovereign behavior? 2 X 8 Tips // By Dr. Cornelia Topf](#)

[Leading introvert employees: 10 tips for extroverted bosses // By Dr. Susanne Eckel, Uta Rohrschneider](#)

[An overview of efficient meetings: Prepare properly, communicate, argue \[20 checklists & 10 tips\] // By Simone Janson](#)

[More productive work through laughter: promoting communication and efficiency // By Simone Janson](#)

[Assert yourself and stay nice: sovereignty as squaring the circle? // By Simone Janson](#)

[Quick-wittedness First aid instead of a red button: anger is like swallowing poison // By Peter Kensok, Petra Schächtele-Philipp](#)

[Closing Remarks](#)

[Authors Overview](#)

[Maike Dietz](#)

[Dr. Matthias Nöllke](#)

[Sebastian Kühn](#)

[Kathrin Sohst](#)

[Oliver Schumacher](#)

[Jumi Vogler](#)

[Dr. Cornelia Topf](#)

[Uta Rohrschneider](#)

[Dr. Susanne Eckel](#)

[Petra Schächtele-Philipp](#)

[Peter Kensok](#)

[Simone Janson](#)

[About the publisher Best of HR - Berufebilder.de®](#)

[Notes on translation](#)

Imprint

The German National Library lists this publication in the German National Bibliography; detailed bibliographic data are available on the Internet at <https://dnb.dnb.de>.

ISBN of the German eBook edition: 9783965964167

ISBN of the English eBook edition: 9783965964174

German website of the publisher: <https://berufebilder.de>

English website of the publisher: <https://best-of-hr.com>