Simone Janson (ed.)



## WIN COU RAGE NO ANGER

Stress conflict É

crisis management,

more clarity focus

É emotional

<mark>intelligence,</mark>

calmly

reach goals,

learn

mindfulness É

resilience, work

more efficiently

Best of HR - Berufebilder.de®



## Win Courage, No Anger

Stress conflict & crisis management, more clarity focus & emotional intelligence, calmly reach goals, learn mindfulness & resilience, work more efficiently

Simone Janson (ed.)

Published at Best of HR - Berufebilder.de ®

## **Table of Contents**

Imprint Introduction: How this book supports you Add-on, press reviews and customer feedback Content of the book Structure of the book Information as desired and additional material to the book! Personal eBooks and eCourses Courage to change: growth with scarce resources // By Eric Ries Make mistakes, but still find the courage to come up with new ideas // By Dr. Gabriele Cerwinka, Gabriele Schranz Overcoming crises with courage instead of anger like Tesla: on the verge of bankruptcy // By Ashlee Vance Ready to react in fits of rage: sovereign silence and enjoy // By Dr. Matthias Nöllke Selling and negotiating is a matter of the head: Get out of your comfort zone! // By Oliver Schumacher Desire for change: change management with fun // By Bertold Raschkowski Values, Meaning, Power and Money in Business: 3 popular business mistakes // By Stefan Dudas Chefs and executives as role models: Manager as role model [4 theses] // By Barbara Haag <u>Moderate discipline: One-day-a-week-a-month-rule // By Prof. Dr. Martin-Niels Däfler</u> How companies manage crises: Mastering challenges with courage // By Simone Janson Quick-wittedness First aid instead of a red button: anger is like swallowing poison // By Peter Kensok, Petra Schächtele-Philipp Change habits, break patterns: embrace your inner child // By Cornelia Schenk **Closing Remarks** Authors Overview Eric Ries Gabriele Schranz Dr. Gabriele Cerwinka Ashlee Vance Dr. Matthias Nöllke **Oliver Schumacher** Bertold Raschkowski Stefan Dudas Barbara Haag Professor Dr. Martin-Niels Däfler Petra Schächtele-Philipp

Peter Kensok Cornelia Schenk Simone Janson About the publisher Best of HR - Berufebilder.de® Notes on translation

## Imprint

The German National Library lists this publication in the German National Bibliography; detailed bibliographic data are available on the Internet at https://dnb.dnb.de.

ISBN of the German eBook edition: 9783965964365

ISBN of the English eBook edition: 9783965964372

**German website of the publisher:** <u>https://berufebilder.de</u>

**English website of the publisher:** <u>https://best-of-hr.com</u>